



Roles and Responsibilities of Bench Staff For U5-U9 Teams

Bench Staff Position	Required Qualifications	Roles and Responsibilities
Head Coach	<ul style="list-style-type: none"> - Respect in Sport (RiS) - Activity Leader - Gender Identity & Expression Course - Hockey University – Planning a Safe Return to Hockey - Rowan’s Law Resource Review & Acknowledgement - NCCP Coach 1 Intro to Coach - Require a police check 	<ul style="list-style-type: none"> - Collaborate with assistant coach to organize, plan, and conduct both practices and games (refer to helpful resources below for age appropriate practice plans/ skills development) - <i>The number one responsibility of the coach and his or her staff is to provide a safe environment for their players.</i> - <i>Attending coaches meeting in October</i> - <i>Set-up/ take-down of half-ice boards and nets</i> - <i>Bringing pucks</i>
Assistant Coach	<ul style="list-style-type: none"> - Respect in Sport (RiS) - Activity Leader - Gender Identity & Expression Course - Hockey University – Planning a Safe Return to Hockey - Rowan’s Law Resource Review & Acknowledgement - NCCP Coach 1 Intro to Coach - Require a police check 	<ul style="list-style-type: none"> - Collaborate with head coach to organize, plan, and conduct both practices and games. Shared responsibility in maintaining a safe environment for their players (refer to helpful resources below for age appropriate practice plans/ skills development) - <i>Attending coaches meeting in October</i> - <i>Set-up/ take-down of half-ice boards and nets</i> - <i>Bringing pucks</i>
Trainer	<ul style="list-style-type: none"> - Respect in Sport (RiS) - Activity Leader - Gender Identity & Expression Course - Hockey University – Planning a Safe Return to Hockey - Rowan’s Law Resource Review & Acknowledgement - HTCP Level 1 - Require a police check 	<ul style="list-style-type: none"> - Safety, both on and off the ice is the trainer’s primary responsibility and top priority at all times. - Trainers kit will be provided by BBMHA. Ensure trainers kit is returned at end of season to BBMHA Equipment Coordinator. - Trainers are to be present with trainer's kit to both games and practices. Please communicate with Head coach if unable to attend arena for scheduled ice times so coverage of alternate trainer can be arranged. - Responsible for collecting completed Medical Information Sheet (Forms BBMHA website) for all rostered players. Completed forms to be kept within the trainer's kit. - Coordinate safe return to play as identified in Trainer HTCP Level 1.

		<ul style="list-style-type: none"> - Trainer to create an Emergency Action Plan (will be reviewed at coached meeting)
Manager	<ul style="list-style-type: none"> - Respect in Sport (RiS) - Activity Leader - Gender Identity & Expression Course - Hockey University – Planning a Safe Return to Hockey - Rowan’s Law Resource Review & Acknowledgement - Require a police check 	<ul style="list-style-type: none"> - The Team Manager is a central figure in creating the flow of communication – not only within the team (players, parents and coaches), but between the team and all support systems. - Responsible for scheduling games, applying for jamborees/ festivals (minimum 1 jamboree/ tournament per season), team finances (payment of game officials with allotted funds from BBMHA) setting up time clock
Parent Rep	<ul style="list-style-type: none"> - Require a police check 	<ul style="list-style-type: none"> - Advocates for team members/ parents relating to concerns/ questions for the duration of hockey season. Please implement the 24-Hour Rule: When an issue occurs and a party has a resulting complaint to make or issue to be resolved, they are asked to wait 24 hours, then put the issue in writing and submit it to the appropriate party. - All complaints can be forwarded to complaints@blythbrusselsminorhockey.ca.
On-Ice Volunteer	<ul style="list-style-type: none"> - Require a police check 	

*All qualifications must be registered with the OMHA

** Any on-ice bench staff/ volunteers must wear a helmet



U9 and Below Ontario Minor Hockey Association (OMHA) Game Play Guidelines

Age Group/ Team	Games Scheduled	Half or Full Ice	Score Kept	Icing/ Offside/ Penalties indicated	Shift Length	Game Sheet	Official of Game	Jamboree or Tournament	Goalie position	Type of Puck to be used
U5 (Preschool)	<p>The FUNdamental stages of Hockey Canada’s Long-Term Player Development (LTPD) Model serves as the foundation upon which the entire minor hockey association is built. Youngsters at every level of play benefit from getting the “right start” in the game and it is crucial in building the skills of house league and competitive players alike. Children learn through participating in practice drills and informal modified games which forms the basis of Long-Term Player Development (LTPD)</p> <p>Objective: Providing a safe environment for the introduction of fundamental skills. Developing an understanding of basic teamwork through structured activities and game-like situations. Introducing participants to fair and cooperative play. Refining basic motor patterns and building self-confidence. Providing an environment that challenges individuals positively and rewards the participants. Providing opportunities to build a lifestyle of fitness and activity. Season consists of practice play, no scheduled games.</p>									
U6 (Jr. Initiation)/ U7 (Sr. Initiation)	Yes	Half	No	No	No greater than 2 min, buzzer notifies end of shift*	Optional	Bench Staff	Jamboree**	Rotated with all on ice players	Blue
U8 (Minor Novice) 7 yrs old (as of Dec 31 st)	Yes	Half	No	No	No greater than 2 min, buzzer notifies end of shift*	Optional	Minimum 1 Official	Jamboree **	Goaltender in full goalie equipment	Black

U9 (Novice) 8 years old (as of Dec 31 st)	Yes	Half ice for first half of season, transition to full ice Jan 15 or later	No	Icing/ Offside-No Penalties- Yes	No greater than 2 min, buzzer notifies end of shift*	Optional	Minimum 1 Referee half ice, 2 Officials full ice	Jamboree**	Goaltender in full goalie equipment	Black
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*All players should have the same opportunity to contribute, regardless of skill or ability. A coach's responsibility is to develop all players. Shortening of the bench in an attempt to win games is not permitted. All players and goaltenders should receive fair and as close to equal as possible ice time.

**A jamboree is designed to engage players in a fun environment; players come together and are placed onto teams. Games may or may not be competitive and the emphasis is on fun and fair play. A tournament is a schedule of games played among three or more teams, which follows a set schedule and leads to a winner.

Mouthguards are mandatory for all on ice rostered players

Timbits U7 Seasonal Structure

PHASE	Prep/Evaluation Phase & Development Phase	Regular Season Phase	End-of-Season Phase
DURATION	Up to 12 WEEKS prior to the start of the Regular Season phase	Up to 14 WEEKS after the completion of the Development phase	Up to 4 WEEKS after the conclusion of the Regular Season phase
ICE SET-UP	CROSS-ICE GAMES	CROSS-ICE GAMES	CROSS-ICE GAMES
BALANCE	40% OF THE SEASON	45% OF THE SEASON	15% OF THE SEASON
VOLUME	UP TO 12 WEEKS	UP TO 14 WEEKS	UP TO 4 WEEKS
PRACTICES	20 PRACTICE SESSIONS	20 PRACTICE SESSIONS	5 PRACTICE SESSIONS
GAMES	UP TO 3 GAMES	UP TO 10 GAMES	UP TO 12 GAMES
JAMBOREE/ FESTIVALS	1 JAMBOREE	1 JAMBOREE	1 JAMBOREE

U9 Seasonal Structure

PHASE	Prep/Evaluation Phase & Development Phase	Regular Season Phase	End-of-Season Phase
DURATION	Up to 12 WEEKS prior to the start of the Regular Season phase	Up to 14 WEEKS after the completion of the Development phase	Up to 6 WEEKS after the conclusion of the Regular Season phase
ICE SET-UP	HALF-ICE GAMES	HALF-ICE GAMES	MAY PROGRESS TO FULL-ICE
BALANCE	45% OF THE SEASON	45% OF THE SEASON	10% OF THE SEASON
VOLUME	UP TO 12 WEEKS	UP TO 14 WEEKS	UP TO 6 WEEKS
PRACTICES	14 PRACTICE SESSIONS	34 PRACTICE SESSIONS	7 PRACTICE SESSIONS
GAMES	UP TO 6 GAMES	UP TO 22 GAMES	UP TO 12 GAMES
JAMBOREE/TOURNAMENTS	1 JAMBOREE	1 JAMBOREE/TOURNAMENT	1 JAMBOREE/TOURNAMENT

There are NO playoffs in U9 hockey and below

U9 players can transition to full-ice hockey January 15 or later



Surrounding Hockey Centres for Game Scheduling

Bayfield Clinton Hensall Seaforth- Mid-Huron Huskies- mhhuskies.ca
Goderich- Goderich Sailors- goderichminorhockey.ca
Howick- Howick Hornets- howickminorhockey.com
Wallace- Wallace Sabres- wallacesabres.com
Listowel- Listowel Cyclones- listowelminorhockey.ca
Monkton Milverton- Central Perth Predators- centralperthminorhockey.ca
Mitchell- Mitchell Meteors- mitchellminorhockey.com
Wingham- winghamminorhockey.com
Exeter- South Huron Sabres- southhhuronminorhockey.ca
Zurich- Zurich Thunder- zurichminorhockey.ca

Optional Jamborees/ Festivals

Wallace Fun Days- January
Blyth Brussels Jamboree- February
Wingham Jamboree- March
South Huron Jamboree

Helpful Resources for Coaching Staff

- Hockey Canada Network www.hockeycanadanetwork.com
- Drill Hub www.hockeycanada.ca/en-ca/hockey-programs/drill-hub
- Ontario Minor Hockey Association www.omha.net

Good to Know

- U5 players receive Tim Bits Jersey and socks at beginning of the year to be kept
- Respect in sport is required to be done once by every bench staff and player.
- BBMHA Apparel available for purchase mid-October. Game socks are to be purchased by players aged U6 and higher
- No-cost Specialty Clinics available to members throughout season, details can be found on BBMHA website
- Power Skating offered, registration and payment separate from BBMHA
- Goalie equipment available to members interested in trying goaltender position. Please reach out to Equipment Coordinator equipment@blythbrusselsminorhockey.ca
- Skills locker contents (tires/ stepping boards/ pucks/ pylons etc.) can be used for practices. Ensure all equipment is returned to locker following practice. Locker keys can be located in the referee rooms in both Blyth and Brussels arenas.